



## Anouncing Bee Caps With Ginseng!

**BEE/SENG Super Hi Energy** Same great formula as BEE CAPS with the added ingredient of **Siberian Ginseng!** For people who want even more energy!

One of the most perfect food supplements money can buy. **Bee/Seng** is a blend of **Royal Jelly**, a natural rejuvenator; **Propolis**, nature's most potent antibiotic; **Raw Honey**, an instant energy builder; **Pollen**, often called nature's most "perfect" food; plus **Siberian Ginseng**.

### **Siberian Ginseng**

Siberian Ginseng is a tall deciduous shrub found in China and parts of Russia, often referred to as a "cousin" of Korean and American Ginseng. One of nature's most popular herbs, it is well known for its energy enhancing qualities and its ability to lessen the effect of daily environmental stress.

Though all ginseng is from the same botanical family, Siberian ginseng is a different species of plant from ordinary Asian or American ginseng. Russian experts, including pioneering ginseng researcher Dr. I.I. Brekhman, agree that, as an adaptogen, Siberian ginseng is more useful for women than ordinary ginseng, more effective in summer, more versatile as an immune enhancer and less likely to ever stimulate than other forms of ginseng. Unlike ordinary ginseng with its characteristically earthy taste, Siberian ginseng has a pleasant woody taste that makes it well suited for use in teas.

Used for hundreds of years in the Orient, it wasn't until the 1970's that western herbalists took a serious look at this plant. Many research studies have been conducted on Siberian Ginseng. This research indicates that Siberian Ginseng root may be beneficial in increasing the body's resistance under many types of environmental and physical stress. The active ingredients, eleutherosides (B & E), are glycosides which provide the adaptogenic properties. Siberian Ginseng helps the body handle stressful conditions while enhancing mental and athletic abilities. The glycosides appear to act on the adrenal glands, helping to prevent adrenal hypertrophy and excess corticosteroid production in response to stress. Siberian Ginseng has been used to increase energy, stamina, help the body resist viral infections, and environmental toxins. Siberian Ginseng is used to restore memory, concentration and cognitive abilities, which may be impaired by improper blood supply to the brain. More familiar nutrients as Vitamin C, essential oils, Beta-carotene, Vitamin E., Niacin and Vitamins B1, B2, B6 and B12 are found in Siberian ginseng, In addition the mineral identified include calcium, potassium, phosphorus, sodium, magnesium, barium, iron, strontium, boron, copper, maganese, chromium, cobalt, germanium and zinc. (100 mgs per caplet)

While no effort is made to promote Siberian Ginseng as a cure for any disease, research shows that used over time it appears to:

- 1 Provide support for stressful conditions in the body.
- 2 Help the body resist viral infection and environmental toxins.
- 3 Improve memory, concentration and cognition.
- 4 Create support for athletic endeavors.

**One month supply – 120 Caplets \$24.95**